

eCare Senior Care: Amyotrophic Lateral Sclerosis or Lou Gehrig's Disease

An e-learning course available on the Avera Portal

Program Goal: Amyotrophic Lateral Sclerosis (ALS) is one of multiple degenerative motor neuron diseases that are clinically defined, based on the involvement of upper and lower motor neurons and is the most common form of motor neuron disease. ALS is also known as Lou Gehrig's disease, after the famous New York Yankee baseball player who was affected with the disorder. This course will review clinical findings early in the disease and as the disease progresses and also discuss symptom management.

Objectives:

- 1 Identify clinical signs and symptoms of ALS.
- 2 Identify the progression of ALS.
- 3 Identify symptom management of ALS.

Outcome:

Demonstrate knowledge of early to late clinical symptoms of ALS and evidence-based symptom management by passing post-test with score of $\geq 80\%$.

Target Audience: Physician, Nurse, Social Worker

For successful completion:

- Compete online education
- Pass test with score of $\geq 80\%$
- Complete evaluation.

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians. Avera designates this educational activity for a maximum of **0.75** AMA PRA Category 1 Credit per session.

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total **0.75** contact hours can be received upon completion of this activity.

Avera Health Provider #1029 is an approved provider of continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive **0.75** continuing education clock hours for participating in this course.

Policy on Disclosure: Continuing Education credits have been approved for this event. Due to the regulations required for CE credits any one in a position to control or influence the content of this educational activity is required to fully disclose all conflicts of interest that are pertinent to this educational activity to participants. In observance to this requirement we are providing the following disclosure information: There is nothing to disclose.

Feedback Person for this education activity is: Whitney.flanagan@avera.org. If you have questions please contact them.

Enduring material available from 3/29/2021 to 7/1/2022

This course content was reviewed on 03/22/2021

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Michele Snyders, MSW	Committee Planning Member	Nothing to disclose
Pamela Paulsen, RN	Content Expert - Committee Member	Nothing to disclose
Whitney Flanagan, BAN, MBA, RN-BC	Nurse Planner	Nothing to disclose

